

## Henderson County Resources

*Information was current at the time in which the information was gathered – contact the organization by phone or check their website for updates.*

**Family Outreach Community Center (FOCC) – Stronghurst – 309-924-1872; 410 E Main St, Stronghurst, 9 am to 4 pm; Monday through Friday; Closed if West Central Schools are closed for weather; Closed on Federal Holidays**

Facebook – Family Outreach Community Center

Instagram – Family Outreach Community Center

- Weekly food assistance
- Clothing center
- Backpacks of School Supplies
- Baby Diapers & Supplies
- Operation Backpack – Weekend Food
- Holiday Food Baskets
- Accepting all unexpired food and in season clothing in good shape, bedding, and towels

**Oquawka Food Pantry - 309-337-6871**

- Located 230 Schuyler Street, Oquawka
- For all Henderson County Residents
- Open Monday and Thursday 1 pm – 3 pm
- Accepting donations - If donating during non-business hours contact Garnett Pirtle 309-337-6871

**Stronghurst Senior Center** 118 South Broadway Street, Stronghurst

- Senior Exercise Class, Monday, Wednesday, Friday, 10-11 am, \$1.00/person
- Mexican Train Dominos, Thursday, 1pm, Bring a Snack, \$1.00/person
- Flying Hooks & Needles (crocheting & knitting) – 1<sup>st</sup> Monday of Month, 1pm, \$1.00/person
- Senior Meals – Monday – make reservation by noon Friday – 309-371-4139 - Jamieson Center
- Call to rent - \$50.00 – Trudi Lefler 309-801-1047

**Strom Center** (309) 536-2558 (if no answer, call Monmouth 309-734-5677)

[stromseniors@gmail.com](mailto:stromseniors@gmail.com)      <https://stromcenter.org/>

410 Schuyler Street, Oquawka (Township Building)

Monday – Thursday, 9:00 AM – 4:00 PM, Closed for polling on election days.

Strom Center, Inc. is a full-service agency serving seniors and disabled persons in Warren and Henderson counties in Illinois. Our mission is to involve, enrich, and empower seniors and disabled persons in the community while providing services in health and fitness, lifelong learning, recreation, arts, and community service.

**Services** - Medicare Counseling; Medicare D Assistance; Benefit Access; Healthcare Equipment Loan Program; Representative Payee Services; Caregivers Information Resource Center; Information & Assistance; Outreach; Telephone Assurance; Socializing; Self-Improvement Activities; Outings; Holiday Programs

- Low-Impact Exercise – Monday – 1 pm
- Mexican Train Dominos – 1<sup>st</sup> & 3<sup>rd</sup> Tuesday – 1 pm
- 4 Point Pitch - 2<sup>nd</sup> & 4<sup>th</sup> Tuesday - 1pm
- Bingo – 2<sup>nd</sup> & 4<sup>th</sup> Wednesday – 1 pm
- Movie Matinee – 4<sup>th</sup> Thursday – 1 pm
- Senior Meals – Tuesday, Wednesday, Thursday – make reservation by noon the day before – 309-371-4139 – Jamieson Center
- Center available during all open hours for socializing and initiating your own card games, etc.

Strom Center Main Office is in Monmouth – Call 309-734-5677 for the activities available in Monmouth.

**Henderson County Health Department** – 208 W Elm St, Gladstone - 309-627-2812

Monday – Thursday 8 am – 4 pm; Friday 8 am - noon

<https://www.facebook.com/pg/Hendcohealth/posts/>

<http://hendcohealth.com/>

- Food Pantry for Henderson County Residents – Open Tuesdays 1 pm – 3 pm – Bring 2 proof of address – can go once a month
- WIC (Women, Infant & Children) is a special supplemental and educational nutrition program. WIC's mission is to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing health screenings, nutritious foods to supplement diets, education on breastfeeding and healthy eating, and referrals to health care.
- Senior Transportation
- Senior Services- Homemaker
- Senior Exercise Class Monday & Wednesday, 8 am
- Home Health & Hospice
- Environmental – Temporary food permitting, Septic/Well Inspections, Water Testing, Vector surveillance/testing.
- Tobacco Resource- 1-866-Quite-YES (1-866-784-8937)

**Eagle View Community Health System, Inc. – Oquawka /Stronghurst/Monmouth**

<https://www.facebook.com/EagleViewCommunityHealth>

<https://www.eagleviewhealth.org/>

- Medical / Dental / Behavioral Health / Substance Use Counseling / DUI Evaluations
- Health Insurance Enrollment Assistance

**Oquawka Location**, 1204 Highway 164 East, Oquawka, , (309) 867-2202

Medical/Dental Clinic Hours: Monday - Friday 7:00 am - 5:00 pm

**Stronghurst Location**, 101 South Division, Stronghurst, (309) 924-2424

Medical/Dental Clinic Hours: Monday - Friday 7:00 am - 5:00 pm

**Monmouth Location**, 230 S. Main Street, Monmouth, (866) 346-1337

Medical/Dental Clinic Hours: Monday - Friday 7:00 am - 5:00 pm

**Jamieson Community Center** 309-734-4251, 1025 S. Second St., Monmouth Thrift Store & Food Pantry

<https://www.jamiesoncommunitycenter.org/>

Senior Meals - The congregate meal sites in Henderson County are open. Serving meals on Monday at Community Senior Citizens of Stronghurst and meals served on Tuesday, Wednesday, and Thursday at Henderson Senior Center/Township Hall in Oquawka. Call 309-371-4139 to make your reservation. Reservations need to be made by 12 noon the day before you would like to eat lunch.

Jamieson Community Center's mission is to coordinate programs addressing the needs of all ages, provide services which extend widely into the community and surrounding area, and work in cooperation with the social service agencies in the region.

**Regional Office of Education #33** <https://www.roe33.net/>

Regional Office of Education #33 serves our schools and communities by providing educational resources, partnerships, and opportunities.

Prenatal to Age 3 Program, Professional Development, Family Support University, Educator Licensure, Adult Education  
Galesburg Office, 932 Harrison Street, Galesburg, 309-345-3828

Monmouth Office, 105 North E Street, Monmouth, 309-734-6822

**Birth to Five Illinois**     <https://www.birthtofiveil.com/> Roy Van Meter, 309-866-3104

Region 33 - Henderson, Knox, Mercer, Warren

Birth to Five Illinois is organizing 39 statewide Birth to Five Action Councils and Birth to Five Family Councils with the goals of:

- Creating a strategic plan that clearly identifies the need for expansion of quality early learning in every region
- Enabling local stakeholders to come together and address early childhood needs within their own communities.
- Elevating the voices of families and providers to improve early childhood programs in Illinois.

**Bridgeway, Inc. – Galesburg – 309-344-2323**     24 hour crisis intervention emergency services - 1-800-322-7143

<https://www.facebook.com/pg/bridgewaycreatingsolutions/posts>

<http://www.bway.org/>

- Community Support Services
- Community Housing
- First Episode Psychosis
- Mental Health Treatment and Recovery
- Mobile Crisis Response
- Substance User Disorder Treatment, Recovery and Prevention
- Employment Services for Persons with Disabilities
- Employment Opportunities
- Mental Health First Aid
- Recovery Oriented System of Care
- Youth Empowerment Services

#### **The JBR Foundation**

<https://www.facebook.com/Seeking-Solace-After-SuicideThe-JBR-Foundation-371267913363839/>

<https://www.jbr-foundation.org/>

- EDUCATE. OUTREACH. ACTION. Breaking The Silence Around Addiction, Mental Health, And Suicide
- Click on FIND SUPPORT

#### **Mental Health Awareness**

Follow the link below for more information and resources that can help you.

<https://www.cdc.gov/mentalhealth/tools-resources/index.htm>

#### **Suicide Hotline**

988 Suicide and Crisis Lifeline – Call or Chat SMS: 988

Hours: Available 24 hours. Languages: English, Spanish.

**Celebrate Recovery**     <https://www.celebraterecovery.com/>

Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, hang-ups, and habits of any kind.

Celebrate Recover is a safe place to find community and freedom from the issues that are controlling our life.

Calvary Assembly, 432 N. Linwood Rd., Galesburg, 309-824-8456

Category: Group Celebrate Recovery, Meeting Time: Friday 6:30 PM

Harmony Bible Church, 550 Division St, Burlington, Iowa, 319-850-2424

Category: Group Celebrate Recovery, Meeting Time: Thursday 6:00 PM